The Helpful Hundred

Heinich, Molenda, Russell, and Smaldino (2001) suggest 100 verbs that highlight performance. Each of these verbs are observable and measurable, making them work quite well in writing objectives for learning. This is not to say that these 100 verbs are the only ones are can be used effectively, however, they provide a great reference.

add  compute  drill  label  predict  state
alphabetize  conduct  estimate  locate  prepare  subtract
analyze  construct  evaluate  make  present  suggest
apply  contrast  explain  manipulate  produce  swing
arrange  convert  extrapolate  match  pronounce  tabulate
assemble  correct  fit  measure  read  throw
attend  cut  generate  modify  reconstruct  time
bisect  deduce  graph  multiply  reduce  translate
build  defend  grasp  name  remove  type
cave  define  grind  operate  revise  underline
categorize  demonstrate  hit  order  select  verbalize
choose  derive  hold  operate  organize  verify
classify  describe  identify  outline  pack  weave
color  design  illustrate  pack  specify  write
color  design  illustrate  pack  specify  write
compare  designate  indicate  paint  sort  weigh
complete  diagram  install  plot  specify
compose  distinguish  kick  position  square